

# NALOXONE TRAINING



**TIME: 9AM-11AM**  
**Eastern Health Center - July 7, 2020**  
**Western Health Center - July 14, 2020**  
**Central Health Center - July 21, 2020**

The Jefferson County Department of Health is offering a FREE training on how to recognize, prevent, and respond to an opioid overdose by using naloxone. Opioids are substances such as heroin, fentanyl, or prescription pain medication. Naloxone is a prescription medication used to reverse an opioid overdose.

## ***Who Can Attend?***

- People worried that a loved one or community member is at risk for overdosing on opioids.
- People who work with populations at risk for overdosing on an opioid.

## ***What Will I Learn?***

- What is an opioid?
- How to recognize, respond to, and prevent an opioid overdose.
- How to give naloxone nasal spray to reverse an overdose.
- Resources for getting help for you or a loved one struggling with substance use disorder.

## ***What Is Naloxone?***

- Naloxone is a prescription medicine that reverses an opioid overdose. It cannot be used to get high and it is not addictive.

## ***What Will I Get for Completing the Training?***

- A free naloxone kit with the medication and training on how to recognize and reverse an opioid overdose.

## ***What COVID-19 safety measures will be in place?***

- Everyone must wear a mask, and social distancing rules will be enforced.

[Naloxone Training website](#)

Further Education Links:

<https://recoveryresourcejeffco.com/>

<https://www.alabamapublichealth.gov/pharmacy/naloxone-dispensing.html>