



JEFFERSON COUNTY DEPARTMENT OF HEALTH

Serving Jefferson County Since 1917

Coronavirus COVID-19: What You Should Know

1. What can I do to protect myself and my family?

- Make sure that everyone in your family age 6 months and older who can take a flu shot does so soon. While this does not protect directly against COVID-19, it does [protect against the flu](#) and help to protect from catching two viruses at the same time
- Wash your hands with soap and water or alcohol based gel multiple times throughout the day
- Cover your coughs and sneezes
- Stay at home if you have a fever
- Stockpile supplies
- Clean and disinfect
- Know your office emergency plan
- Learn home care
- Call your doctor if symptoms get worse
- Stay informed
- For more information from the Alabama Department of Health, click [here](#)

2. Business and Employer Guidance for Coronavirus (COVID-19)

- Actively encourage sick employees to stay home
- Seek immediate medical care if symptoms become severe, such as high fever or difficulty breathing
- Encourage employees to use “respiratory etiquette” and hand hygiene through education and provision of supplies
- Perform routine cleaning of all frequently touched surfaces in the workplace, such as workstations, countertops, and doorknobs
- Begin to develop strategies for work from home, tele-commuting, and other means of work that allow for social distancing
- All employers need to consider how best to decrease the spread of acute respiratory illness and lower the impact of COVID-19 in their workplace in the event of an outbreak

- For more information from the Alabama Department of Health, click [here](#)
- For more information from the Centers for Disease Control and Prevention, click [here](#)

3. Post-Secondary Schools and State Department of Education

- Stay at home when sick
- Seek immediate medical care if symptoms become severe, such as high fever or difficulty breathing
- Encourage students to use “respiratory etiquette” through education and provision of supplies
- Establish plans for continuation of learning in the event that schools have to close
- For more information for the Alabama Department of Health, click [here](#)



**JEFFERSON COUNTY
DEPARTMENT OF HEALTH**

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**ORDER OF THE JEFFERSON COUNTY HEALTH OFFICER
SUSPENDING CERTAIN PUBLIC GATHERINGS AND
CLOSING NONESSENTIAL BUSINESSES AND SERVICES
DUE TO RISK OF INFECTION BY COVID-19**

WHEREAS, Coronavirus Disease 2019 (COVID-19) has been detected in Alabama; and

WHEREAS, community transmission of the infectious agent COVID-19 in Jefferson County poses significant risk of substantial harm to a large number of people; and

WHEREAS, the State Board of Health has designated COVID-19 to be a disease of epidemic potential, a threat to the health and welfare of the public, or otherwise of public health importance; and

WHEREAS, on March 13, 2020, on recommendation of the State Health Officer, Kay Ivey, Governor of the State of Alabama, declared a state public health emergency exists in the State of Alabama; and

WHEREAS, on March 16, 2020, the Jefferson County Health Officer, in response to a rapidly growing number of cases of COVID-19 being detected in Jefferson County, issued an order suspending certain public gatherings in that county; and

WHEREAS, on March 17, 2020, the State Health Officer issued a similar order for counties surrounding Jefferson, including Blount, Saint Clair, Shelby, Tuscaloosa, and Walker Counties, and

WHEREAS, on March 19, 2020, the State Health Officer entered an order providing that the Jefferson and Mobile County Health Officers are authorized, after consultation with the State Health Officer, to implement more stringent measures as local circumstances require; and

WHEREAS, further social distancing measures are necessary to be implemented to further prevent the spread of COVID-19 in Jefferson County; and

WHEREAS, *Ala. Code § 22-3-5(2)* authorizes the County Health Officer to “institute immediate measures to prevent the spread of such disease.”

NOW, THEREFORE, THESE PREMISES CONSIDERED, it is ordered by the County Health Officer:

1. Effective March 20, 2020, at 5:00 P.M., all nonessential businesses and services shall be closed. Attached to this Order is a list of all such nonessential business and services.
2. Effective immediately, all gatherings of 10 persons or more, or gatherings of any size that cannot maintain a consistent six-foot distance between persons, are prohibited until further notice. This Order shall apply to all gatherings, events, or activities that bring 10 or more persons in a single room or single space at the same time.
3. All Senior Citizen Center gatherings shall remain closed. Senior Citizen Centers and their partners are urged to assure that their clients continue to receive needed meals via curbside pick-up or delivery.
4. Effective immediately, all the following shall remain closed until April 6, 2020:
 - a. All schools.
 - b. Preschools and childcare centers with 12 or more children.
 - i. This shall not apply to employer-operated childcare centers for the exclusive benefit of essential employees premises of State and Local Governments, First Responders (including EMS and Fire Services), Law Enforcement, Hospitals, Nursing Home/Long Term Care Facilities (including Assisted Living and Specialty Care Assisted Living Facilities), and End Stage Renal Disease Treatment Clinics, Pharmacies, Grocers and Financial Institutions
 - ii. This shall also not apply to licensed childcare centers that contract to provide services exclusively to the above-named employers, or that provide services exclusively to children of essential employees of the above-named employers, provided those childcare centers are able to maintain a consistent six-foot distance between children.

Prior to April 6, 2020, a determination shall be made about whether to extend the above closures.
5. Facilities for care of minor children of essential employees of employers in 4 above may be opened, provided:
 - a. Operators of these facilities conduct appropriate screening and supervision of their workers to ensure the health and safety of the children under their care.

b. Operators of these facilities follow a plan, approved by the Jefferson County Department of Health, for social distancing and other measures to prevent spread of disease.

6. All Hospitals and Nursing Home/Long Term Care Facilities (including Assisted Living and Specialty Care Assisted Living Facilities) shall prohibit visitation of all visitors and non-essential health care personnel, except for certain compassionate care situations such as end-of-life.
7. Effective immediately, all elective dental and medical procedures shall be delayed until April 6, 2020. Prior to April 6, 2020, a determination shall be made about whether to extend this provision.
8. Effective immediately, any restaurant, bar, brewery, or similar establishment shall not permit on-premises consumption of food or drink until April 6, 2020.
 - a. Such establishments may continue to offer food for take-out or delivery provided the social distancing protocols including maintaining a consistent six-foot distance between persons are followed, and provided measures are taken to prevent the spread of COVID-19 on containers of food and other items transferred between food servers and customers.
 - b. Such establishments are strongly encouraged to offer online ordering and curbside pick-up of food.
 - c. Hospital food service areas are excluded from this order provided they have their own social distancing plan.

Prior to April 6, 2020, a determination shall be made about whether to extend this provision.

9. If the organizer or sponsor of an otherwise suspended event desires, they may submit a request for an exemption from this order, at the discretion of the County Health Officer. While the County Health Officer is under no obligation to grant such an exemption, it shall be fairly considered based on the following criteria:
 - a. Effective measures have been taken to identify those attending the event that may potentially be affected with COVID-19, including but not limited to personal testing for the disease or submission of current medical clearances to the organizer.
 - b. Effective measures have been taken to prevent the spread of infection even by those that are infected while not symptomatic, including the provision of

anti-infection measures such as proper facemasks, personal sanitation measures, and other measures that may be considered proper.

Requests for an exemption must be submitted AT LEAST two weeks in advance of any scheduled event.

This Order supersedes all orders previously issued by the County Health Officer and shall remain in full force and effect for the duration of the current emergency conditions.

Done on this 19th day of March 2020.

Mark E. Wilson, M.D.
County Health Officer

Non-Essential Services
3/19/2020

Entertainment, including night clubs, bowling alleys, arcades, racetracks, indoor children's play places, pool halls, adult gaming and entertainment venues

Recreation facilities, including gyms and fitness centers, swimming pools and spas, excluding licensed physical therapy services

Nail salons and spas

Casinos

Concert venues and auditoriums

Theaters

Tourist attractions (including museums, planetariums, parades)

Body art facilities and tattoo services

Tanning salons

Massage parlors

Waxing salons/threading salons

Museums and Galleries

Performing Arts centers/events/rehearsals

Social clubs

Fraternity and Sorority meetings and events

Proms, Formals and other similar events