Looking Back. Moving Forward.

Monday, April 6
EMERGENCY PREPAREDNESS
Information display at each Center. Walk 7500 Steps/Day!

Tuesday, April 7
Jefferson County Health Officer’s
STATE OF HEALTH IN JEFFERSON COUNTY ADDRESS
UAB Hill Student Center, Alumni Theater,
1400 University Blvd - 11:30 am to 12:30 pm

Wednesday, April 8
NATIONAL PUBLIC HEALTH WEEK TARGETS 2020
Information display about NPHW daily themes at each Center

Thursday, April 9
DISEASE PREVENTION
Information display at each Center

Friday, April 10
PUBLIC HEALTH SPIRIT DAY
Thank a Public Health Worker. Walk Challenge Ends...How’d you do?

JCDH Walk Challenge!
Monday thru Friday
Complete a minimum of 7500 steps per day.

Visit any of our health center locations for educational materials

Central Health Center
1400 6th Ave. S., Birmingham

Western Health Center
631 Bessemer Super Hwy, Midfield

Eastern Health Center
601 West Blvd., Roebuck