

# Breastfeeding Support Group

**Who:** WIC Breastfeeding Participants & their babies

**When:** 2nd Tuesday of the month,  
10:00am-12:00pm

**Where:** Jefferson County  
Dept. of Health,  
1400 6th Avenue South,  
Birmingham, AL 35233



**WIC Nutritionists & Breastfeeding Peer Counselors will be present to offer support and answer questions.**

# Grupo de Apoyo para la Lactancia Materna

**¿Para Quién?:** Las participantes de WIC que amamantan & sus bebés

**¿Cuándo es?:** Cada segundo martes del mes, 10:00am-12:00pm

**¿Dónde está?:**  
Departamento de Salud  
del Condado de Jefferson,  
1400 6th Avenue South,  
Birmingham, AL 35233



**Los Nutriólogos de WIC & Consejeras de Lactancia Materna estarán disponibles para ofrecer apoyo y contestar preguntas.**

# Breastfeeding Basics

All you need to know

Friday February 28th  
12:00-2:00pm on Zoom

Hosted by your WIC  
Breastfeeding Peer  
Counselors

scan to register



<https://ua-edu.zoom.us/meeting/register/1xo2AtkmRbim3Ks1-YBVmA>