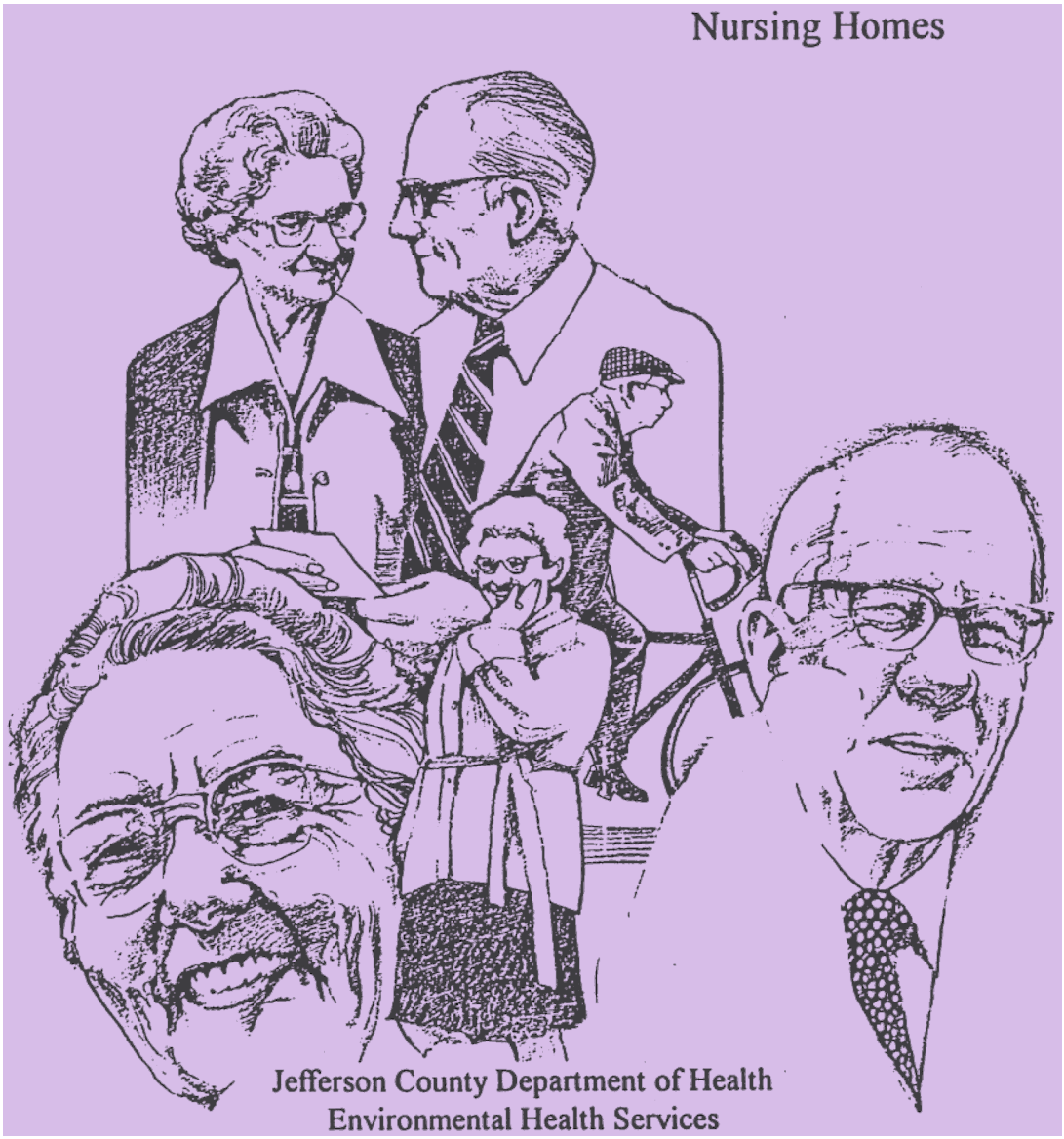
Levels of Care

Boarding Homes

Assisted Living



DHR- Foster Care

LEVELS OF CARE

Facilities which provide careto individuals are separated into different levels depending on the type of care needed. The following is a list of facilities ranked according to their level of care.

Boarding Home

Any public or privately owned facility which houses three or more adult residents who are not related by blood or marriage is considered a boarding home. People who are allowed to live in a boarding home must be able to manage their own physical activities that are connected with daily living such as personal grooming, bathing, dressing, etc. Boarding homes offer shelter, meals, and housekeeping services in a family-style setting. Although it is not required under the regulations, some boarding homes also offer transportation, supervision, and laundry service. Ifa resident is in need ofminimal supervision they, or a representative on their behalf, may negotiate, at the time of admission, for these services to be provided. Residents requiring assist~nce with any personal care needs would require a higher level of care.

Foster care homes with three or less individuals are certified through the State Department of Human Resources or the State Department of Mental Health Assisted living facilities are exempt from Jefferson County Regulations governing communal living facilities. Boarding homes, rooming homes, contract homes, group homes, transitional homes and foster homes with more than three residents are included in the Jefferson County regulations.

Assisted Living Facility

An assisted living facility is a home for the aged whose primary purpose is to provide room, board, laundry, personal care, and other non medical services. This kind of care implies sheltered protection and a supervised environment for persons who, because of their age or disabilities, are incapable of living independently in their own homes or a commercial board and room facility, yet do not require the medical and nursing services provided in a nursing home. Assisted living facility care facilities are required to provide 24-hour supervision.

Foster care

Nursing Homes

This is a home for those individuals who need extensive and extended care services. Twenty-four hour care is provided under the supervision of a nursing staff and a physician.

The State Department of Human Resources is responsible for establishing rules and regulations for foster care for adults. The County Department of Human Resources approves these homes and all placements must be made through the county agency.
Foster care placement is designed to meet the individual's physical, mental, emotional, and social needs in a family setting. Foster home providers must live in the home and have the responsibility of treating the residents like family members. Homes are approved on an individual basis to keep one to three persons.

PERSONAL CARE

Boarding home

A resident of a boarding home should not be in need of assistance with personal care such as bathing, dressing, feeding and personal grooming. Residents must be able to self-administer all medications.

Assisted Livine Facility Basic personal care and services are offered by an assisted living facility. Assisted living facilities are required to provide assistance with all activities of daily living.

Personal care guidelines for an Assisted Living Facility A) Assistance with personal hygiene including: a) Bathing
b) Oral hygiene
c) Hair (washing and grooming) d) Manicure e) Shaving
B) Preparation of meals. Food service in resident's room is only required in the case of temporary illness.
C) Assistance with dressing, changing clothes, and laundry .
D) Assistance with activities of daily living and personal safety. E) Supervision of medication normally prescribed for self administration.
a) Residents must know what medications they take and be able to self-administer their medications.
b) Medication may be managed, if protected by order from physician.

c) Pill boxes can be used if filled **by: 1) Client**
2) Home health nurse 3) Pharmacy
d) Insulin can be filled by Home Health Agency -but injections must be given independently by the resident.

SPECIAL MEDICAL ADMISSION REQUIREMENTS

Assisted Living Facility

Before admission, a **physician's plan** of care **must be completed. This plan must include:**

I) A physician's diagnosis statement of the clients medical condition.
2) A statement from a physician saying that the client is free from contagious disease.
3) A statement from a physician describing any condition requiring special diets; and, if required, diet orders.
4) A list of all medication prescribed, how often it is to be administered and the required dosage.
5) A statement from a physician saying that the residents personal needs can be met in an assisted living facility by non- nursing personnel.

After admission, if a **client needs services beyond those of an assisted living facility, such as hospitalization, medical, nursing, or other care beyond the capabilities and facilities** of the **assisted living facility, proper efforts shall be made to transfer the resident to** a **hospital or other appropriate health care facility. These efforts must be documented.**

Persons who are eligible for care at an Assisted Living Facility 1) **Persons capable of administering their own medication. 2) Persons receiving any needed medical care and / or treatment outside the facility or are receiving necessary injections from** a **visiting nurse.**
3) **Persons who, because of forgetfulness, need to be reminded to take medications usually prescribed for self- administration.**
4) **Persons who, because of** physical limitatIons, **need some assistance with medication, personal hygiene, dressing, changing clothes, or any activities affecting personal** safety,
5) Persons with a **temporary illness or condition.**

Persons who are eligible for care at a **Nursing Home**
1)**Individuals who are unable to transport or mobilize themselves independently.**
2) Individuals with chronic health conditions needing professional nursing observation and *for* constant treatment.

3) **Persons who are physically or mentally illcapable of leaving** a **building in an emergency without assistance.**
4) **Persons who, with** a **doctor's order, require any type of restraint or confinement for their own protection or for the protection of others.**

5) Persons with severe symptoms of senility.

PHYSICAL LIMITATIONS

Boarding Home

Residents must be able to walk independently without bodily assistance. If a resident uses an assistive device such as a cane, walker, or wheelchair, they must be able to use such device independently. Residents must be able to transfer from bed to chair independently ifusing a wheelchair. A handicapped person can live in a boarding home if they are independent of physical assistance in all aspects of every day life

Assisted Living Facility

Client must be able to walk independently -without bodily assistance. If a **client uses an assistive device such as** a **cane, walker, or wheelchair, he or she must be able to use the device independently. If** a **client uses** a **wheelchair, he or she must be able to move from bed to chair independently.**

For a blind or deaf client, the home can be modified to meet their needs They must be able to independently find rooms and the exits from the building.

Those clients with any physical limitations must be able to handle their handicap independently.

Lack of bowel or bladder control does not itself exclude a client. However , a client with no bowel or bladder control would probably not be placed at the assisted living facility level.

CONDITIONS THAT WILL CAUSE DENIAL OF ADMISSION AND/OR IMMEDIATE REMOVAL FROM THE FACILITY

Boarding Homes or Rooming Homes :

a) Persons with active communicable tubert;ulosis or any other contagious infectious disease, as determined by the Jefferson County Health Department, Bureau ofDisease Control, which may pose a health hazard to other occupants.

b) Persons with a chronic health condition requiring nursing care and/or daily medical supervision.

c) Persons physically incapable of leaving the building without assistance in case of emergency.

d) Persons requiring any type of restraint or confinement for their own protection or the protection of others.

e) Persons who require treatment for addiction to alcohol and/or drugs.

f) Persons who require special care because they are a danger to themselves or to others.

g) Persons with severe symptoms of senility.

Should any resident become unable to m(et any of the above conditions after admission, the fact shall be reported to the resident's family, if any, and the Health Officer or his or her designee. The owner or operator shall seek assistance in transferring such resident to a proper care facility as quickly as possible.

Assisted living facilitv:

a) Persons with active communicable tuberculosis or any other contagious or infectious disease.
b) Persons with a chronic health condition requiring
nursing care and/or daily medical supervision, persons requiring professional observation or persons requiring the exercise
of professional judgment from the home. This can be generalized if the doctor orders outside
services to provide all car~ (example: catheter care, injections, wound care, medication supervision)
c) Persons physically incapable of leaving the building without physical assistance in the case of an emergency.
d) Persons requiring any type of restraint or confinement for their own protection or for the protection of others.
e) Persons who require treatment for addiction to alcohol and/or drugs or persons who require special care for mental illness or mental deficiency sufficient to endanger themselves or others.
f) Persons with severe symptoms of senility.

Should any resident become unable to meet any of the above conditions after admission, the fact shall be reported to the resident's family, ifany, and the Health Officer or his or her designee. The owner or operator shall seek assistance in transferring such resident to a proper care facility as quickly as possible.

For more information or questions concerning care services, contact the appropriate office using the telephone numbers listed below.

Communal Living Facility Inspection Program 205-930-1260

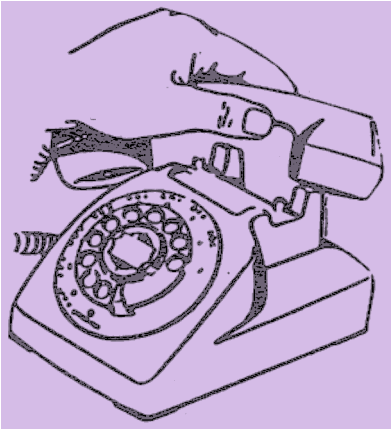
Jefferson County Department of Health 1400 Sixth Avenue South Birmingham, AL 35233

For questions concerning Assisted Living Facilities: contact the Eldercare Hotline at 1-800-356-9596.

For questions concerning Nursing Homes call 1-800-356-9596.

Nursing Home inspection reports are available for review at the Jefferson County Department ofHealth-Bureau of Environmental Health.

Please note: A level I screening must be completed on all individuals before admission to a Medicare-Medicaid certified facility. For more information, call 1-800-548-2188. For questions concerning Foster Care, call 930-6045.



Jefferson County Department of Health Bureau of Environmental Health Food and Milk Division 1400 Sixth Avenue South
Binningham, Alabama 35233